

Report on One-Day Training Programme on HIV/AIDS for Red Ribbon Clubs

Date: 28th November 2024

Venue: Government College Sanjauli, Shimla

The Department of Higher Education, in collaboration with the Red Ribbon Club (RRC) and the Health Department, organized a one-day training programme on **HIV/AIDS Awareness** for nodal teachers and students of Red Ribbon Clubs (RRCs) from colleges and schools across the district. The event was held on 28th November 2024 at Government College Sanjauli, Shimla, and witnessed participation from **27 Red Ribbon Clubs**, comprising **one nodal teacher and three student representatives** from each institution.

Key Dignitaries and Resource Persons

1. **Dr. Rakhi** - District Programme Officer, Shimla
2. **Mr. Ramender Manchanda** - HIV/AIDS Counsellor
3. **Mr. Rakesh** - Resource Person

Programme Highlights

The training programme aimed to enhance awareness of HIV/AIDS and equip participants with the necessary skills to disseminate accurate information within their respective institutions.

1. Inaugural Session:

The programme commenced with a formal welcome by the principal of Government College Sanjauli, who emphasized the importance of HIV/AIDS education in creating a socially responsible youth population.

2. Keynote Address by Dr. Rakhi:

Dr. Rakhi provided an insightful overview of the prevalence of HIV/AIDS in the district and highlighted ongoing governmental initiatives aimed at prevention and treatment. She stressed the need for collective responsibility in combating the stigma associated with HIV/AIDS.

3. Technical Session by Mr. Ramender Manchanda:

Mr. Manchanda conducted a detailed session on:

- Modes of transmission of HIV/AIDS.
- Preventive measures and the importance of regular testing.
- Counseling services available for affected individuals.

4. Interactive Workshop by Mr. Rakesh:

Mr. Rakesh facilitated an engaging workshop focusing on:

- Effective ways to create awareness campaigns in colleges and schools.
- The role of peer educators in Red Ribbon Clubs.
- Strategies to encourage voluntary blood donation among youth.

5. Open Forum and Feedback:

Participants actively engaged in discussions during the Q&A session, where queries on combating misconceptions about HIV/AIDS were addressed by the experts.

6. Distribution of Resource Material:

The participants received informational kits containing brochures, posters, and activity guidelines to help them organize awareness campaigns in their institutions.

Outcome of the Programme

The training programme successfully:

- Empowered nodal teachers and students to serve as ambassadors of HIV/AIDS awareness.
- Strengthened the functioning of Red Ribbon Clubs in colleges and schools.
- Enhanced participants' understanding of HIV/AIDS prevention and care.

Conclusion

The one-day training programme proved to be a significant step towards building a well-informed and proactive community in the fight against HIV/AIDS. The collective effort of the Department of Higher Education, Health Department, and Government College Sanjauli ensured the event's success, leaving participants motivated to make a positive impact in their respective institutions.

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